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**Consent to Release and Request Information**

NAME OF PATIENT \_\_\_\_\_ DOB: \_\_\_\_\_

I understand that it may be necessary to communicate about my treatment with other parties and that Dr. Kaster can only do so if I complete and sign this release form. I do hereby give my consent to release information to the following parties / obtain information from the following parties for the purpose of evaluation and treatment. Please ✓ the parties below ONLY if you want your provider to contact these parties.

Family Physician  
(Name & Address)

Other:  
(Name & Address)

Psychiatric Evaluation

Treatment Summary

**PERMISSIBLE CONTACT**

Psychological Testing

Medications

Written

Psychological History

Discharge Summary

Verbal / Phone

Other \_\_\_\_\_

Treatment Plan

Electronic / Fax

Aftercare Planning

Other

\_\_\_\_\_  
Patient (or Guardian)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Witness

This consent is valid until: \_\_\_\_\_  
(Termination of Tx unless otherwise specified)

I understand that I can terminate / revoke this consent at anytime. To do so, I must simply check the box below and enter the date. By doing so, all further communication with the above indicated parties will immediately cease.

I hereby revoke this consent / release on this date \_\_\_\_\_  
Name & Relationship to Patient

Federal regulations (42 CFR Part2) prohibit any further disclosure of these materials without the specific written consent of the patient and or parent/guardian involved. If you feel that you have received this communication in error, please contact the sender immediately.

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